



Pre-K 4 SA Menu: September 12th - 16th

(Cycle: Week 4, Day 16 - 20)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	12-Sep	13-Sep	14-Sep	15-Sep	16-Sep
Breakfast	Toasty O's Cereal Fresh Whole Fruit Milk	Breakfast Sandwich Egg Patty Sliced Cheese WW English Muffin Fresh Fruit Cup Milk	WW Pancakes Turkey Sausage Links Dragon Punch Juice Milk (Syrup)	Breakfast Taco Scrambled Eggs Diced Potatoes WW Tortilla Cinn./Raisin Apples Milk	Fruit & Yogurt Plate Vanilla Yogurt Granola Mixed Berries Milk
Lunch	Cut Turkey Breast WW Roll Brown Gravy Garlic Mashed Potatoes Steamed Peas Milk	Spaghetti & Chicken Meatballs Chicken Meatballs WW Spaghetti Spaghetti Sauce Steamed Broccoli Diced Pear Cup Milk	Turkey Hot Dog Turkey Frank WW Hot Dog Bun Sweet Potato Tots Green Beans & Tomatoes Milk (Ketchup;Mustard)	Chicken Ranchero Diced Chicken Ranchero Sauce Spanish Brown Rice Pinto Beans Fresh Whole Fruit Milk	Ham & Swiss Sandwich Half Sliced Ham Swiss Cheese WW Bread Cucumber Slices Mandarin Oranges Milk (Mayo; Ranch Dressing)
Snack	WG Apple Cinnamon Bear Raisins	WW Chocolate Chip Cookie Wango Mango Juice	Celery Sticks Sun Butter	Pineapple Cereal Bar Craisins	Marranitos Mozzarella String Cheese
Late Snack	WG Cheddar Goldfish 100% Apple Juice	Baby Carrots Multi-Grain Sun Chips	Cheddar Rectangle WG Cinnamon Goldfish	Fresh Whole Fruit Corn Nuts	White Cheddar Popcorn Applesauce Cup

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